



# Munay-Ki

The prophecies of the ancient Americas speak about a period of great transformation, and foretell of a new human appearing on the planet – persons of wisdom and power who live free of fear and abide in their eternal nature, Homo luminous.

The Rites of the Munay-Ki transform and upgrade your luminous energy field. They are energetic transmissions that heal the wounds of the past—the karmic & genetic programs and beliefs you inherited. They re-inform your DNA, enabling you to grow a new body that ages, heals, and dies differently.

“The Munay-Ki is your invitation to dream an entire new world into being.”  
– Alberto Villoldo, Founder



## Munay-Ki

The Munay-ki comes from a Quecha word that means “I love you”. The Munay-Ki are the rites of initiation to become a person of wisdom and power who has accepted the stewardship for all creation. The Munay-Ki is an invitation into who we are becoming 10,000 years from now. The rites are common to all Shamanic traditions, even though they are expressed in different forms and styles in different cultures.

The rites are a process for healing the wounds of the past, from our own personal past and from our ancestors. The genetic and karmic inheritance that we were born with into this life.....

These rites derive from the great initiations from the Hindus valley that were brought to the Americas by the first medicine men and women who crossed the Bering Straits from Siberia during the glacial period some 30,000 years ago. These courageous travelers were the Laika, the Earth keepers of old.

The Laika have always been ordinary men and women who live extraordinary lives. They were not born with special gifts from spirit; they have acquired uncommon grace and power through prayer, study of the wisdom teachings or insights, and discipline. Some grew to be renowned healers and teachers, while others lived quiet lives, raising their children and growing corn. The Laika felt that people would come to the Munay-Ki when they were ready and felt a calling to do so.

Many of you have received such a calling from Spirit, and long to make a difference in the world and in your life. When you come to the path of the earth keeper with sincere intention and an open heart, you'll soon notice that you are not alone. You will find yourself in the company of likeminded people who strive to live by ethics and vision. And you will find yourself in the company of earth keepers who lived on this planet many thousands of years ago, luminous beings who are now part of the great matrix of life. These Earth keepers will add their power and vision to yours.

As you experience the Munay-Ki, you will feel the presence and sense the wisdom of these luminous ones who have broken out of linear time and now dwell in sacred time, in infinity, free from the grip of karma and rebirth. The Munay-Ki will clear your luminous energy field of the psychic sludge left by past traumas. As you raise your level of vibration, these luminous beings will come to you and guide you. Connect with them and you will be able to recall stories that you never experienced directly but that are now yours. You'll remember sitting around fires with the buffalo behind you and meditating in a stone temple above the snow line.

Since the Earth keepers come from the future as well, they actually help us to access who we are becoming as human beings 10,000 years from now. The memories from the past are available to the Laika who tap into that vast reservoir of knowledge that exists outside of time. The visions of the future come as possibilities because everything in the future is still in potential form. That's why Earth keepers from the Hopi, the Maya, the Inka and many other nations gather regularly to pray for peace on earth. They do so by tracking along the possible futures for the planet to find one in which the rivers and the air are clean and people love in harmony with each other and nature. The act of finding this desirable future installs it into our collective destiny and makes it a little more probable than it was before because it has acquired another quanta of energy from these Earth keepers.

When we connect with these Earth keepers their stories become our stories. When we partner with the Earth keepers from the future we make available to ourselves knowledge that can upgrade the quality of our DNA. This runs contrary to scientific wisdom which says that our genes can only be informed by the past, by the gifts and illnesses our ancestors had. The Laika understand that when you are free from the bounds of time the future can reach backwards like a giant hand to pull you forward. You can be influenced by who you are becoming.

As you receive the Munay-Ki your chakras will clear and you will acquire what the Laika know as the rainbow body. This is when your chakras glow with their original radiance. Remember that each of the chakras has a color and when they shine with their original light they emit the colors of the rainbow. When they are dulled by trauma from this and previous lifetimes our LEF acquires a greyish hue and our chakras become pools of psychic sewage. Once we acquire a rainbow body the luminous Earth keepers can reach out to us because they recognize that we share a common vision and calling. When this happens and if you have developed the ability to see into the invisible world, you can discern the former physical forms of these luminous ones. Sometimes you will be able to perceive their thoughts and feelings. And you will have access to their wisdom and their stories. Eventually as you experience the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> initiation you can download a new and better version of the software that informs the LEF, which will then inform your DNA, giving it instructions on how to create a new body that will age, heal and die differently.

There's nothing you need to do to attract these luminous Earth keepers. They will come to you when you invite them to do so and are ready to receive them. When the student is ready, the master appears. They will not disturb you in any way, but are available to support you in your efforts to bring a bit more light and healing into the world. They are also there to protect you from the negativity and fearful energies in the world today.

## The Origin of the Rites of the Munay-Ki

The rites of the Munay-Ki were brought to the West by Dr. Alberto Villoldo, distilled from his work as a medical anthropologist with the high shamans of the Amazon and Andes.

A message from Dr. Villoldo:

Rites of passage and initiation have been practiced for millennia by all peoples in the Earth. The rites of the Munay-Ki are based on initiatory practices of the shamans of the Andes and the Amazon. They are stripped of all trace of the indigenous cultures they come from. I did this to respect the native traditions, and to avoid the idea that persons from the West can become traditional shamans or Indians. I offer these rites with full permission from my teacher, don Manuel Quispe, who was the last great medicine man of the Q'ero Inka nation. Any fault or flaw in their presentation is exclusively my own.

The Seers rite is practiced among the North Coast peoples of Peru, (the descendants of the Chimú and Moche cultures), and by the seers and trackers of the Amazon.

The Harmony Rite comes from the lowland Q'ero, the Huachipayre people from the edge of the Amazon. I learned it from don Alejandro Cahuanchi, a renowned healer.

The Bands of Power were transmitted by Juan Victor Nuñez del Prado, a friend and colleague, whose father was one of the discoverers of the Q'ero nation.

The Healers Rite is known as the Hampe blessing and comes from the highland Q'ero people.

The Daykeepers Rite is known among the Andean Paqos as the Pampamesayok, referring to the lowlands and valleys of the 'pampa', and to the mesa or altar.

The Wisdomkeepers Rite is known among the Andean Paqos as the Altomesayok rite, referring to the high mountains of the Andes. Don Manuel Quispe was the great Altomesayok of Q'ero.

The Earthkeepers Rite is known among the Andean Paqos as the Kurak Akuyek rite, referring to the elder who 'masticates' the wisdom to nurture the young ones who follow.

The Starkeepers Rite is known as the Mosoq Karpay, which means the 'new rite' in the Qechua language. This rite announces and prepares one for the 'time to come.'

The Creator Rites are known as the Taitanchis rite. The word Taitanchis literally translates as 'God.'

These rites are not only stages of initiation, but perhaps steps for the evolution of humanity. As nations fight for bits of territory and battle over land, we must find the wisdom to create peace among all peoples. As our space telescopes show us images of a vast and immeasurable Universe, we must find a human story that is inclusive of the stars. And as our ability to destroy the world increases, we are called to step up to the task of assuming stewardship for all creation.

In essence, the rites are about stewardship. They are not ego-awards or recognition of any kind of achievement, nor do they make anyone special. On the contrary, they make one uniquely unimportant. Only then, from a position of no-ego, can we truly be of service.

In Munay,  
Alberto Villoldo PhD

## The Initiation Rites

The training of the Earth keepers has an energetic component, a series of initiations that helps us to develop a new architecture in our luminous energy field. The rites anchor each of the critical junctures in the process of becoming homo luminous.

These rites are the sum total of attunements that we go through as we transit from the body of a human to the body of angels.

These rites were first given to ancient teachers by angelic beings, and now are passed on from teacher to student. When an Earth keeper gifts the Munay-ki to a student, it is the lineage of luminous beings that transmits itself, that leaps from the head of the Earth keeper to the receiver as they lean into and touch each other forehead to forehead. To transfer this energetic information the Earth keeper simply maintains sacred space and embodies the vibration of the level she wants to transmit. While you cannot undergo these initiations on your own once you have received them, the rites are yours to transmit to others as you wish.

### **Munay-Ki the Rites of the Shamans path.**

The Munay-ki are the rites of the shaman's path of the Q'ero nation, the descendants of the Inca, the indigenous people of the holy mountains of the Andes in Peru. Traditionally one must spend many years in sacred study before and between receiving these initiatory rites. The Elders believe that we are at a critical time in human history and that the rites need to be transmitted to as many people as possible.

The prophecies of the ancient Americas speak of a new human being appearing on the planet – one who lives free and resides in his or her transcendent nature. The Munay-ki are the codes for the new human. They are delivered in the form of energetic transmissions. The ninth rite, the creator rite was transmitted for the first time in the summer of 2006 at the holy mountains in the Andes. The rites of the Munay-ki have only been available, until recently, to the high wisdom keepers of the Americas.

These rites are the next step in the evolution of humanity, to re-align and attune our neuro pathways and truly shift human consciousness, these initiatory Rites, in essence, empower us to step up to the task of assuming stewardship for the earth and all our creations.

There are nine rites in total, it is hoped that these rites can be transmitted to as many as possible. Once you have received all the rites, it is asked that you pass them on to others, according to the prophecy we will then witness the birth of a new form of human on the planet and the dawn of a new civilization.

We are the ones we have been waiting for.

## The rites are broken up into 3 categories

- I. Foundation Rites
- II. Lineage Rites
- III. Rites to come

### THE FOUNDATION RITES

- 1. The healer's rite
- 2. Bands of power
- 3. Harmony rite
- 4. Seer's rite

### LINEAGE RITES

- 5. Day keeper's rite
- 6. Wisdom keeper's rite
- 7. Earth keeper's rite

### RITES TO COME

- 8. Star keeper's rite
- 9. Creator rite

## The Pi Stone

Work within the Munay-Ki may or may not include the use of a Pi stone, whether or not you feel that you want to incorporate this tool is totally up to you! I urge you to make this tradition your own, and to work with these energetic transmissions as you see fit!

Pi Stones are symbolic of our luminous bodies and the energetic universe. Their circular shape represents the archetype for “wholeness.” They represent the *ouroboros*, serpent of light, swallowing its own tail, constantly creating itself and forming a circle. They symbolize the eternal unity of all things, the cycle of life, death and rebirth.

The center represents our energetic spine, *Kundalini* energy that flows through the center of our bodies. *Kundalini* energy is symbolic of our own spiraling DNA and is associated with the serpent of light coiled around the base of the spine (root chakra) approximately 3.142 times ( $3.142 = \text{Pi}$ ). When it is awakened, it spirals up your spine like a figure eight around each of your seven chakras, creating a never ending loop, opening you to higher levels of consciousness.

Pi stones are typically gifted after receiving the last of the *Munay Ki* Rites. They are also used when passing the rites on to others. Although not essential, many *Munay Ki* recipients also like to have their own stones, as a reminder of the rites and as an aide in connecting with the energies.

## The History and Purpose of Munay-Ki

Munay-ki comes from the Quechua word that means I love you, and is also taken to mean 'be as though Art'.

In this current context it refers to the nine rites of initiation to becoming a person of wisdom and power. Handed down from generation to generation they exist within all Shamanic traditions, while deriving a form and style of expression unique to each culture. The Munay-Ki offered here are derived from the great initiations of the Hindu Valley brought by the Laika, a group of courageous medicine men and woman, across the Bering Straights from Siberia to the Americas during the glacial period some 30,000 years ago. Ordinary men and women, who acquire uncommon grace and ability through prayer, study of the wisdom teachings and discipline, the Laika have kept the teachings safe until the moment came for their release to many more than their small group. They have faithfully accepted their guardianship for millennia, believing people would come to the initiation when they were ready and called to do so.

**Munay-Ki is the key to taking a quantum leap in species evolution. It is a group of energetic transmissions that download directly into the Luminous Energy Field, which constitutes each individual at an energetic level, the codes for transformational evolution. These codes downloaded into the chakra system, a group of seven major energy centers lodged within the body and attached to the spine. The spinal connection facilitates the information's transmission to the neuro-physiology and brain of each recipient, offering them the potential to complete within one lifetime a process of evolution that would otherwise take many, many generations.**

Alberto Villoldo PhD is a psychologist and medical anthropologist who has worked closely with the Laika for a quarter of a century. As such he was privy to the knowledge that the final rite, previously only gifted to a few humans over the millennia, had been brought forth by the Laika in the summer of 2006 as a transmission now available to be gifted directly between humans! He has distilled the teachings and processes involved in the transmission of the nine rites that make up the Munay-Ki into an easily understood and usable format to allow for its further dissemination out into the world.

The principles of daily living incumbent upon all who take this offered of Munay-Ki are:  
NON-VIOLENCE, TRUTHFULNESS, INTEGRITY, MODERATION, and GENEROSITY!  
These principles lay the foundation for the coming of a New World of harmony, love and peace to replace our current World disharmony, fear and conflict, and are the underlying reason why Munay-Ki has become universally available now.

## Opening Sacred Space

- Stand quietly and steady yourself, bringing your awareness to focus on the work you are about to undertake.
- Turn to face the south.
- Say a prayer for creating sacred space, turning to face each direction.

## Prayer for Creating Sacred Space

### **To the winds of the South**

Great serpent, Wrap your coils of light around us,  
Teach us to shed the past the way you shed your skin,  
To walk softly on the Earth. Teach us the Beauty Way.

### **To the winds of the West**

Mother jaguar,  
Protect our medicine space.  
Teach us the way of peace, to live impeccably  
Show us the way beyond death.

### **To the winds of the North.**

Hummingbird, Grandmothers and Grandfathers,  
Ancient Ones  
Come and warm your hands by our fires  
Whisper to us in the wind  
We honor you who have come before us,  
And you who will come after us, our children's children.

**To the winds of the East.**

Great eagle, condor

Come to us from the place of the rising Sun.

Keep us under your wing.

Show us the mountains we only dare to dream of.

Teach us to fly wing to wing with the Great Spirit.

**Mother Earth.**

We've gathered for the healing of all your children.

The Stone People, the Plant People.

The four-legged, the two-legged, the creepy crawlers.

The finned, the furred, and the winged ones.

All our relations.

**Father Sun, Grandmother Moon, to the Star nations.**

Great Spirit, you who are known by a thousand names

And you who are the unnamable One.

Thank you for bringing us together.

When you have finished your healing work, sacred space must be closed. Follow the same procedure as for the opening, acknowledging the four directions, Mother Earth and Father Sky. Thank the archetypes for being with you—serpent, jaguar, hummingbird, and eagle—and release their energies to return to the four corners of the Earth.

## The Foundation Rites



The four foundation rites launch us on our journey, through a process of willing acceptance, to the manifestation of who we truly are.

We are all, through our ancestral lineage, members of indigenous tribes. As we begin our receipt of these rites we awaken a dawning realization that this knowledge, we are seemingly encountering for the first time, has always been known to us. Just as who we are seeking to become, through Munay-Ki, is who we have always been.

Through our initiation into these rites we transmit, and receive into our system, the ‘seed’, the ‘potential’, of possibility each rite opens up for us. Our subsequent dedication to the unpacking, germination and continued growing development of these ‘seeds of potential’ is what turns the possibility into the lived reality.

## Rite 1 - The Healer



### **The Healers activate healing power**

This rite connects us to a lineage of Earthkeepers from the past who come to assist us in our personal healing. We have tremendous spiritual assistance constantly available to us. If we hold the intention to heal our wounds these healers will come and perform sacred work of healing on us during our meditation and sleep time. These luminous beings work on us during our meditations and sleep time to heal wounds of the past and of our ancestors.

**If you are engaged in practical healing work with clients you can utilize this rite to enhance the work you do as follows:**

During your preparation time begin by focusing at your heart center and connecting with that place of personally disinterested unconditional love.

Bring that focus up to your third eye and allow it to connect and inform that center engendering unconditional love fueled by clarity of vision and understanding.

Bring this entire focus down to your belly and allow it to connect with and inform your third chakra center, firing up right action with clarity of vision and understanding that comes from a place of unconditional love.

## TRANSMITTING THE HEALERS RITE

This rite launches the personal healing process at an energetic level, not at the psychological or physiological level but at a deep loving energetic level. It also awakens the protégé's ability, as they heal themselves, to bring healing and beauty to others. The initiate is connected to a lineage of luminous beings from the past, who come assist them in their personal transformation. It awakens the healing power in the initiate's hands so that everyone they touch is blessed. There is tremendous spiritual assistance available and these luminous ones work in our sleep to heal the wounds of the past and of our ancestors. It is usually done sitting down (standing is okay as well) and is given to the initiate.

Introduce the healer rites – i.e. “I'm going to share with you the healer rites which will connect you with the healer lineage that will assist you in your personal transformation and help heal the wounds of your past and of our ancestors.”

Mentor opens personal sacred space and then engulfs the protégé within this soul space (Wiracocha)

Center self in sacred space. Ground and call to Pachamama, call to Apus, call in healer lineage.

Stand behind initiate and with hands on their shoulders, balancing the Divine Feminine and Masculine energies of initiate. Connect energetically with the initiate.

Mentor and protégé sit facing one another. The protégé places their upturned hands on their lap

The mentor takes a few moments with their hands in the prayer position at the heart chakra to tune into the energy of the healers. Pull through your body the energy of Pachamama, Apus, healer lineage.

The mentor places their own hands on their belly and, with the intention of attuning the protégé to the power to manifest, places their hands onto the protégé's hands. This will empower the protégé to heal themselves and others with integrity, and right action

The mentor then places their own hands over the heart and, with the intention of attuning the protégé to the power of love, places their hands onto the protégé's hands. This will empower the protégé to heal themselves and others with unconditional love.

The mentor then places their own hands over their third eye and, with the intention of attuning the protégé to the power of vision and clarity, places their hands onto the protégé's hands. This will empower the protégé to heal themselves and others with understanding and clarity.

The mentor takes the protégé's hands (option to introduce Pi Stone here), holding alignment with the healers and with intention of transmitting this rite, blows into the protégé's hands transmitting the rite.

Once you feel the waterfall of energy take the initiates cupped hands and blow into each hand twice, the first breath is slow, the second is like the wind.

The mentor then closes the protégé's hands and brings them to prayer position at the heart center.  
Mentor returns own hands to heart center in prayer position

Forehead to Forehead transmission (20-30 seconds)

Mentor closes personal sacred space (Wiracocha)